



- **Mission Fit now has an established role in the Recovery College at Kemple View. We have a service user who has a real work role To plan, prepare and facilitate Mission Fit sessions.**
- **Mission Fit also has links with the community around Kemple View. Following sessions on site patients are offered community gym sessions and community boxing sessions. We have partnerships with Unit 2 fitness and Jennings Gym which patients can access. This creates a pathway for establishing meaningful physical activity as a part of their recovery back into the community.**
- **Mission Fit also challenges staff at Kemple View to two weekly sessions. Sessions include circuits, boxing and sports. The staff were even challenged to climb Pendle Hill a local walk near to Kemple View.**

