



# Ty Ffynu

## Mental health services

**Ty Ffynu is a four bed community residential home providing step down care for both male and females suffering from complex mental illness.**



### Service overview

The home is located in a quiet residential area within a five minute walk of the small town of Abergavenny, Monmouthshire.

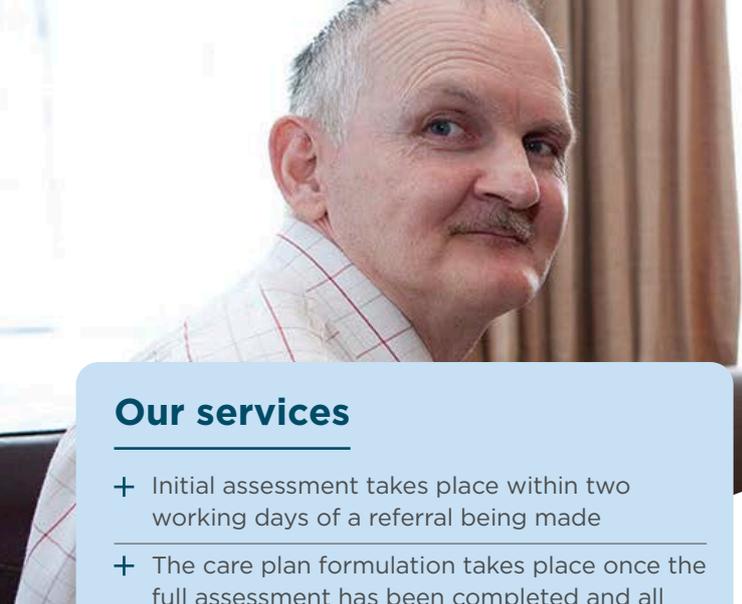
With a wide range of amenities nearby, the home is ideally located for safe, structured and gradual reintegration into the local community. All bedrooms are spacious and well furnished.

Communal areas include a kitchen, dining room and a lounge, all of which have been tastefully decorated to provide a comfortable and homely living environment.

The facility uses a holistic and person centred approach with support from the experienced multidisciplinary team. Individuals are encouraged to make choices and work towards independence. The team work in collaboration with individuals, care co-ordinators and the commissioning team to deliver a package of care that is realistic and specific to the individual's needs. Our focus of care is to help individuals to gain confidence and build independence in order to improve their quality of life.

### Inclusion criteria

- + Males and females aged between 18 to 65
- + Individuals with complex mental illness such as schizophrenia, bipolar disorder and schizoaffective disorder
- + People may be admitted informally, or under the Mental Health Act (1983) Section 17 leave, under guardianship orders, under conditional discharge or community treatment orders



## Our services

- + Initial assessment takes place within two working days of a referral being made
- + The care plan formulation takes place once the full assessment has been completed and all information has been gathered
- + Individuals are involved in designing their own person centred care plan with staff support, these plans are tailored to suit individual requirements and provide the correct level of support
- + A dedicated staff team are on duty 24 hours a day providing support with all day-to-day aspects of life; empowering people to live life to their full potential
- + Individuals are supported with recognising, identifying and achieving their own goals and ambitions
- + Plans are reviewed frequently with any new admissions, and every month thereafter
- + The Care Programme Approach (CPA) review meeting takes place within the first six weeks of admission and every three to six months thereafter
- + Risk assessments are carried out and reviewed on a monthly basis or when required
- + A well established day care programme assists in developing daily living skills such as household skills, gardening and arts and crafts
- + Service users are encouraged to join college and work placements where appropriate as well as attend regular recreational and social activities such as cinema visits, day trips and outings
- + Links are maintained with other Priory facilities to ensure continuity of care is offered across the whole care pathway

## Quality and safety

The facility is registered under the Care and Social Services Inspectorate Wales and the Home Manager is registered with the Care Council of Wales. Regular audits are carried out to ensure a high quality of service is maintained and independent advocacy is provided and accessible on a regular basis.

## Multidisciplinary team

The unit is led by an effective multidisciplinary team, experienced in rehabilitation, recovery and caring for service users with complex needs. The staff team are all trained to at least NVQ II and III. The team includes:

- + Consultant psychiatrists
- + Psychologists
- + Occupational therapists
- + Music therapists
- + Art therapists

## Referrals

Referrals are accepted from Health Boards, clinical commissioning groups, local authority commissioning teams, care co-ordinators and solicitors. An initial assessment will be undertaken by senior members of the multidisciplinary team and home manager within two working days. Once a referral has been accepted, funding approval must be in place before admission.

## Find out more

For more information or to discuss how we can help, please contact our admissions department by:

**Telephone: 01873 850 030**

**Email: [info@priorygroup.com](mailto:info@priorygroup.com)**

**Web: [www.priorygroup.com/tyffynu](http://www.priorygroup.com/tyffynu)**

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