

85 Brecon Road

85 Brecon Road is a five-bedded residential community home providing step down care for females suffering from complex mental illness.

We are located in Abergavenny, Monmouthshire, offering a wide range of amenities nearby, making the home ideally located for safe, structured and gradual reintegration into the community.

Our aim is to help individuals to gain confidence and build independence in order to improve their quality of life.



Inclusion criteria

Who is the service for?

- **Female from the age of 18**
- **People with complex mental illness such as schizophrenia, bipolar disorder or schizoaffective disorder**
- **Those who may be admitted informally, or under the Mental Health Act, under guardianship orders, under conditional discharge or community treatment orders**



Services provided

Brecon Road uses a holistic and person-centred approach to encourage individuals to make choices and work towards independence. Our team works in collaboration with the individual, care co-ordinators and the commissioning team to deliver a package of care that is realistic and specific to the individual's needs.

An initial assessment takes place within two working days of a referral being made and a care plan formulation takes place once the full assessment has been completed.

People are involved in designing their own care plan with staff support and these plans are tailored to suit individual requirements and to provide the correct level of support. We have review meetings take place every six months and risk assessments are carried out and reviewed on a monthly basis or when required.

Support is offered to help individuals to develop daily living skills such as:

- **Personal hygiene**
- **Cooking**
- **Shopping**
- **Maintaining the home**
- **Budgeting money and saving for the future**
- **Healthy eating**

The environment

All bedrooms are spacious, well-furnished and can be individually personalised. Communal areas include:

- A kitchen
- A dining room
- A spacious lounge

All areas are tastefully decorated to provide a comfortable and homely living environment.

We focus on lifestyle and support individuals to attend voluntary work placements, college, the local gym, and community activities outside the home.



Referrals

Referrals are accepted from Health Boards, clinical commissioning groups, local authority commissioning teams, care co-ordinators and solicitors. An initial assessment will be undertaken by senior members of the multidisciplinary team and home manager within two working days. Once a referral has been accepted, funding approval must be in place before admission.



Our location

85 Brecon Road, Abergavenny, NP7 7RD



Contact us:

To make a referral, or for enquiries and further information, please:

Call us on: **01873 853 802**

Send an email to: **PrioryEnquiries@NHS.net**

Or visit our website at: **www.priorygroup.com**

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