

Priory Nelson House

Mental Health services

Priory Nelson House is a 30-bedded rehabilitation and recovery service for men with mental illness and complex needs, often accompanied by challenging behaviours.

Our teams focus on developing patients' skills for independence and helping them learn new ways of managing their condition and symptoms with the aim of helping to prevent any future relapse. We work with patients who have challenging behaviours by helping them to learn and develop new skills that positively impact their response to anxiety and distress.



Service overview

Our beds are split over three wards:

- Victory - 12-bedded mental health, rehabilitation service
- Trafalgar - 14-bedded mental health, rehabilitation service
- Mary Rose - 4-bedded pre-discharge, mental health step-down service

Patients have access to a full multidisciplinary therapy and activities programme. We also have established links with local colleges to provide education and vocational opportunities with a focus on maximising rehabilitation potential and meaningful leave.

Structured multidisciplinary therapy sessions are held every day, offering group work and daily living skills. Patients are encouraged and assisted to make their own meals where appropriate in the purpose built self-catering kitchen. Patients are also encouraged to develop and value their daily routine and organisational skills through self-directed activity.

Patient involvement

Patients are actively involved in hospital developments by attending regular community meetings and taking part in patient involvement projects such as environmental works, which enhance and empower the overall patient experience.

Our team

Across the different wards, Nelson House provides a full multidisciplinary team (MDT) which includes:

- Consultant psychiatrist
- 24 hour on-site medical cover
- Clinical ward manager
- Clinical charge nurse
- 24 hour RNLD / RMN nurses
- 24 hour support workers
- Occupational therapist
- Occupational therapy assistant
- Speech and language therapist
- Psychologist
- Social worker
- Dieticians



Our location

14 Rowner Road, Gosport, Hampshire, PO13 0EW



Patient profile

The following criteria outlines who will benefit from active rehabilitation at Nelson House:

- Males aged 18 years and over
- Have a primary mental health diagnosis/learning disability/autism
- Informal or detained under Mental Health Act
- Severe, complex and enduring mental health issues which might include treatment resistant conditions
- May be difficult to engage / motivate
- May have a history of disengaging from community teams / non-concordance with treatment
- May have a dual diagnosis, challenging behaviour, substance misuse and borderline learning disability

We accept referrals from medium and Low Secure forensic services, acute wards, out-of-area services, rehabilitation services or from within the community.

Planned admission will occur following consultation with the patient, family/carers, commissions and relevant multidisciplinary professionals.



Find out more

For more information or to discuss how we can help, please contact our admissions department by:

Telephone: **0800 090 1356**

Email: **PrioryEnquiries@nhs.net**

Web: **www.priorygroup.com/nelson-house**

PRIORY
HEALTHCARE