

Priory Beverley House

Mental Health services

Priory Beverley House is a 24-bedded rehabilitation and recovery service for females with complex mental health needs, including schizophrenia and bipolar disorders. Some may have co-morbid conditions such as mild learning disabilities, alcohol and drug use and borderline personality disorder.

We aim to support all of our patients with a comprehensive medical, occupational and psychological therapy programme that will engage individuals at any level of need. We help patients to develop coping and life skills and provide activities of daily living to promote independence.

Patient profile

Priory Beverley House is suitable for patients that fit the following profile:

- Females aged 18 years and over
- Informal or detained under the Mental Health Act (1983)
- Primary diagnosis of mental illness with complex needs
- Severe, complex and enduring mental health needs which might include treatment resistant conditions, dual-diagnosis or learning difficulty
- May have challenging behaviour, substance misuse, eating disorder or self-harming behaviour
- May be difficult to engage/motivate
- May have a history of disengagement with services

We accept both local and national referrals from all mental health services, including community, acute and forensic.



Service overview

Our bespoke psychological therapy programme can help address:

- Mental health awareness
- Risk management
- Goal setting
- Recovery
- Relapse prevention
- Transition to the community

Our team provide a full substance misuse programme for patients who present with both a primary mental health issue and substance misuse.

An environment supporting recovery

The building is fully accessible providing ground floor rooms, ramp access to the building and a lift to all floors.

Our team

Our multidisciplinary team is led by:

- A nurse
- Healthcare assistants
- An in-house chef
- Social workers
- Psychologists
- Psychiatrists
- Occupational therapists

Our location

Priory Beverley House, 527-529 City Road, Edgbaston, Birmingham, B17 8LL



Treatment programme

Our therapy programme at Priory Beverley House includes:

- Cognitive behavioural therapy (CBT)
- Acceptance and commitment therapy (ACT)
- Dialectical behaviour therapy (DBT)
- Real work opportunities

The above are evidence-based therapies and treatment options for personality disorder and mental health issues.

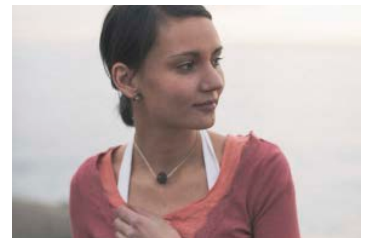
Our focus on independence is encouraged via our Observation Reduction Programme. The programme uses daily reviews by clinicians with enhanced patient observations.

This method can help to empower patients to put their personal responsibility into their own hands at an appropriate level.

This assessment includes:

- Risk assessment
- Personality assessments
- Cognitive assessments

We can offer patients participation in our Real Work Opportunity Programme, which models community employment by using job applications and interviews for patients to obtain paid roles within the hospital.



Find out more

For more information or to discuss how we can help, please contact our admissions department by:

Telephone: **0800 090 1356**

Email: **prioryenquiries@nhs.net**

Web: **www.priorygroup.com/beverley-house**

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