



USEFUL CONTACTS

ACCRINGTON / ROSSENDALE COLLEGE

01254 389933

BLACKBURN COLLEGE

01254 292929

LANCASHIRE ADULT LEARNING

0300 123 6711

KEMPLE VIEW RECOVERY COLLEGE PROSPECTUS

A recovery college is an environment where you can discover your potential and develop your skills to achieve your goals.

February - April 2019



February

“Difficult roads often lead to beautiful destinations”



April

19th - Internet Safety

1/2 day fun and interactive workshop looking at how to stay safe online.

Basic Computers

A back-to-basics computer course aimed at those who want to be able to use computers but have never been shown. From switching it on, to using the Internet and all in-between!

An awareness event will spread the word about Recovery College and how others can get involved. (date to be confirmed)

Bike Ability

Levels 1 and 2 are available in the Bike Ability. Learn basics of bike riding and then gain experience of riding on the roads.



April

“If Plan A didn’t work,
the alphabet has 25
more letters!”



February

Level 1 Food and Catering

This 7 week catering course is run by Accrington and Rossendale College. Covering a range of catering techniques, menu planning and kitchen safety skills.

26th - Interviewing Skills

A new course designed to give you the skills for applying for, and fulfilling the Real Work Interviewer role.

Remember to attend the monthly Recovery College meetings to share your ideas!

be held to spread the college, the courses and ved—watch this space! (confirmed)



March



“Believe you can
and you are halfway
there.”



March

19th - Chairing a Meeting

An interactive course to help you gain the skills needed to chair the various meetings that you may be invited to.

27th - Basic Food Hygiene

A newly designed practical course to give you food safety skills. Perfect for those who are starting to cook for themselves more.

If you would like to be involved in delivering Recovery College courses, then complete Train the Trainer to become one of our tutors!