



Priory Hospital Ticehurst House

Private outpatient services at the Lodge Therapy Centre

Within the established, tranquil grounds of the respected Priory Hospital Ticehurst House, the Lodge Therapy Centre offers a welcoming sanctuary to explore the highest quality treatment and broad range of therapeutic approaches. These are available to outpatients seeking specialist privately-funded mental health support and improved psychological wellbeing.

With expertise available for adults, adolescents and children to enhance their recovery and promote emotional resilience, the Lodge Therapy Centre offers an extension to the safe, personalised and reputable care promised within a Priory pathway.



Private mental health services

Some of our patients choose to access treatment privately and are referred to us by their GP or contact us directly. We have a range of self-funding options available and we are also an approved provider for all major UK private medical insurers (PMIs).

Since every person is unique, we aim to deliver a bespoke and personalised treatment programme designed and tailored to meet your particular needs.

Priory Hospital Ticehurst House provides outpatient services to adults, children and adolescents.

We also offer a residential programme which focuses on assessing and treating a broad range of psychological and mental health conditions. These include more serious cases of conditions such as depression, stress and anxiety, which may need intensive psychiatric support.

What do we treat?

We work with the country's leading consultant psychiatrists, clinical psychologists and therapists who cover every aspect of psychiatry, including:

- + Addictions
- + Affective disorders
- + Anxiety and stress
- + Bereavement
- + Depression
- + Eating disorders
- + Obsessive compulsive disorder
- + Panic
- + Personality disorders
- + Phobias
- + Psychosis, paranoia and schizophrenia
- + Sleep disorders
- + Trauma (including post-traumatic stress disorder)



Staff are amazing and very helpful; everyone is so lovely and welcoming.

PATIENT,
TICEHURST HOUSE



Our service at a glance

Priory Hospital Ticehurst House provides personalised and innovative therapy treatment programmes for a wide range of mental health conditions including dual diagnosis.

We also offer:

- + Rapid and convenient access to treatment
- + Direct access into therapy
- + Highly skilled consultant psychiatrists and therapists

Individualised therapy and group treatment programmes that are available include:

- + Cognitive behavioural therapy (CBT)
- + Eye movement desensitisation and reprocessing (EMDR)
- + Person-centred therapy
- + Dialectical behaviour therapy (DBT)
- + Psychoeducation
- + Psychotherapy
- + Couples therapy
- + Systemic and family psychotherapy

Contact us

If you would like more information on our private outpatient service, you can contact the hospital directly:

Telephone: 01580 202 270

Email: Ticehurst@priorygroup.com

www.priorygroup.com/ticehurst

Alternatively, if you would like to make a referral, please email gp@priorygroup.com

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TICEHURST HOUSE