

# Priory Hospital Ticehurst House

## Adult Acute Services

**Priory Hospital Ticehurst House is an independent hospital located in a small and tranquil East Sussex village. It provides a 24/7 service to individuals with acute mental health conditions.**

We assess, stabilise and treat patients in an environment that allows our teams to deliver the highest standard of treatment.

This service has two gender- specific wards designed to accept NHS overspill emergency admissions any time of the day or night. This allows us to respond rapidly in times of crisis, for those with the highest levels of acuity.



### Service overview

- + Full time consultant psychiatrist, associate specialist doctor and junior doctor on-site at all times
- + 24/7 care means referral decisions can be made within 30 minutes, with admission within two hours
- + On-site team will establish treatment plan within an hour of admission
- + Full cognitive behavioural therapy (CBT) based therapy programmes including group and 1:1 therapies
- + Meetings held with discharge co-ordinators to ensure clear action plans and continuity of care

Our nurses, clinical psychologists, occupational therapist and consultant psychiatrists aim to restore our patients' quality of life by providing therapeutic techniques and coping strategies that are most appropriate to them.

Our skilled multidisciplinary teams have many years' experience safely managing complex patients in an acute phase of mental illness, often with behaviours that challenge.



**96%**  
of patients stated that staff made them feel welcome on arrival

**96%**  
say they were treated with dignity and respect during their stay

## Newington Court 1 – female adult acute unit

This adult acute inpatient unit comprises of 16 beds and provides a comfortable and calm atmosphere that promotes recovery and wellbeing.

Referrals to the female unit must meet the following criteria:

- + Females aged 18 years or over experiencing an acute episode or are in crisis
- + Primary mental health diagnosis
- + Informal or detained under the Mental Health Act
- + Risk to self or others
- + Individual requires further assessment or treatment



## Garden Court – male adult acute unit

Garden Court is a 13-bedded unit offering treatment for males who are acutely unwell and highly agitated.

Referrals to the male unit must meet the following criteria:

- + Primary mental health diagnosis
- + Informal or detained under the Mental Health Act
- + Risk to self or others often with self-harming behaviour
- + Individual requires further assessment or treatment
- + Males aged 18 years or over
- + Admitted from A&E, psychiatric intensive care units (PICUs), community services and other mental health settings

## Discharge planning

Priory works closely with referring Trusts to achieve minimum lengths of stay, and are able to provide an extension to NHS care pathways during times of fluctuating demand. We work with discharge teams to ensure a smooth transition back into the existing community services, or to an individual's home where possible.

## Find out more

For further information on how Priory can support you with emergency mental health placements:

**Call us on: 0808 291 2162**

**Email: [prioryenquiries@nhs.net](mailto:prioryenquiries@nhs.net)**

**Visit: [www.priorygroup.com](http://www.priorygroup.com)**