



Priory Wellbeing Centre Birmingham

Consultant and Therapist list

Priory Wellbeing Centre Birmingham is conveniently located within the city centre allowing for easy access to the best mental health care for you. The Wellbeing Centre offers flexible, personalised and completely confidential treatment to suit your needs, with a team of consultant psychiatrists, psychologists and therapists offering proven outpatient support. There is a close link with Priory Hospital Woodbourne ensuring a seamless transition if required.

Consultants

Name	Qualifications	Specialities	Outpatient clinics
Dr. Syed Omair Ahmed Consultant Psychiatrist - Adult 	MBChB MRCPsych Dip. CBT Dip. EMDR	<ul style="list-style-type: none"> • Anxiety • Bipolar disorder • Depression • Liaison psychiatry - physical health and mental illness • Occupational health • OCD • Personality disorders • Post-natal depression • PTSD • Schizophrenia • Transcultural Mental Health Issues 	Priory Wellbeing Centre Birmingham
Dr Nina Champaneri Consultant Psychiatrist - Child and Adolescent	MRCPsych MBChB Medicine	<ul style="list-style-type: none"> • Child and adolescent mental health 	Priory Wellbeing Centre Birmingham
Dr Renju Joseph Consultant Psychiatrist - Adult 	MBBS MD LLM (Medical Law) MRCPsych	<ul style="list-style-type: none"> • Adult ADHD • Adult Autistic Spectrum Disorders • Alcohol related problems • Anxiety related disorders • Bipolar disorder • Depression • OCD 	Priory Wellbeing Centre Birmingham

Contact us

Priory Wellbeing Centre Birmingham, Ground Floor, 172 Edmund Street, Birmingham, B3 2HB
 Tel: 0121 200 5930 | Fax: 0121 200 5940 | Email: Birminghamwellbeing@priorygroup.com
 Visit: www.priorygroup.com/birminghamwellbeing



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Dr Farooq Ahmed Khan Consultant Psychiatrist / Clinical Director	Bachelor of Medicine and Bachelor of Surgery (MBBS) Doctor of Medicine in Psychiatry (MD Psychiatry) Fellow of Indian Psychiatric Society (FIPS) Masters of Science - Medical Education (MSc Med Ed) Member of Royal College of Psychiatrists (MRCPsych)	<ul style="list-style-type: none">• Mental health treatment	Priory Wellbeing Centre Birmingham
Dr Ashraf Nasr Consultant Psychiatrist	Bachelor of Medicine- Bachelor of Surgery (MBChB) degree Fellow of the Royal College of Psychiatrists (FRCPsych) Member of the Royal College of Psychiatrists (MRCPsych)	<ul style="list-style-type: none">• Addiction Treatment• Mental Health Treatment	Priory Wellbeing Centre Birmingham

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Dr Oluwagbenga Odeyemi Consultant Psychiatrist (General Adult)	Approved Deprivation of Liberty Safeguard (DoLS) mental health assessor Bachelor of Medicine and Bachelor of Surgery (MBBS) Certificate of completion of training (CCT) (general adult) Master of Public Health (MPH) Member of the Royal College of Psychiatrists (MRCPPsych) Postgraduate Diploma in Clinical Psychiatry Section 12 (2) approved	<ul style="list-style-type: none"> • Adjustment Disorder • Anger Management • Anxiety • Bereavement • Bipolar Disorder • Body Dysmorphic Disorder (BDD) • Depression • Drug Induced Psychosis • Medically Unexplained Symptoms (MUS) • Mental Health Treatment • Obsessive Compulsive Disorder (OCD) • Perinatal Depression • Personality Disorders • Phobias • Post-Traumatic Stress Disorder (PTSD) • Schizophrenia • Seasonal Affective Disorder (SAD) • Selective Mutism • Self-harm • Sleep Disorders (Insomnia) • Somatic Symptom Disorder (SSD) • Stress • Treatment Resistant Depression 	Priory Wellbeing Centre Birmingham

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<p>Dr Himanshu Shekhar Consultant Child and Adolescent Psychiatrist</p>	<p>Bachelor of Medicine- Bachelor of Surgery (MBBS) Bachelor of Science (BSc) in Chemistry Certificate of Completion of Training (CCT) in Child and Adolescent Mental Health, 2017 Master of Science in Psychiatric Practice Member of the Royal College of Psychiatrists (MRCPsych), 2013 Postgraduate Diploma in Clinical Psychiatry Postgraduate Diploma in Systemic Approaches to Working with Individuals, Families and Organisations Professional and Linguistic Assessments Board (PLAB) test</p>	<ul style="list-style-type: none"> • Adult mental health • Young people's mental health 	<p>Priory Wellbeing Centre Birmingham</p>
<p>Dr Adelqui Villa Consultant Psychiatrist - Adult</p>	<p>MRCPsych</p>	<ul style="list-style-type: none"> • Eating Disorders • Mental Health Treatment 	<p>Priory Wellbeing Centre Birmingham</p>

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Therapists

Name	Qualifications	Specialities	Outpatient clinics
Stephen Brown CBT & Art Therapist - Adolescent and Adults (Aged 15+)	Post Graduate Diploma Cognitive Behaviour Therapy, Post Graduate diploma, Art Therapy, Post Graduate Diploma, Psychological Counselling	<ul style="list-style-type: none"> • Affective disorders • Anger management • Anxiety • Bereavement • Depression • OCD • Panic disorders • Phobias • PTSD • Sleep disorders • Stress 	Priory Wellbeing Centre Birmingham
Lisa Campbell Cognitive Behavioural Therapist	Certificate in Counselling Theory Level 3 (CPCAB), Certificate in Counselling Skills Level 2 (CPCAB), Basic Introduction to Counselling Skills (AQA certificate), British Association for Counselling & Psychotherapy (BACP) Registered Member, British Association for Behavioural & Cognitive Psychotherapies (BABCP) Member	<ul style="list-style-type: none"> • Anxiety • Depression • OCD • Phobias • PTSD 	Priory Wellbeing Centre Birmingham

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Name	Qualifications	Specialities	Outpatient clinics
Dr Zoe Cross Clinical Psychologist	Bachelor of Psychology Degree, Master Degree in Applied Psychology, Doctorate in Clinical Psychology	<ul style="list-style-type: none"> • Eating disorders • Anxiety • Autism • Bereavement • BDD • OCD • Phobias • Sleep disorders • Stress 	Priory Wellbeing Centre Birmingham
Sharon Dhami CBT and EMDR Therapist – Adolescent and Adults (Aged 15+)		<ul style="list-style-type: none"> • Anxiety disorders • Bereavement • Depression • Eating disorders • OCD • PTSD • Self-esteem • Self-harm • Stress • Trauma 	Priory Wellbeing Centre Birmingham
Helen Gaynor Person Centred Counsellor	Batchelor of Arts with Honours in Counselling and Psychotherapy (BA Hons), Foundation Degree in Counselling and Psychotherapy (FD), National Pharmacy Association Dispensary Course (NVQ Level 3)	<ul style="list-style-type: none"> • Adult mental health • Addictions • Eating disorders • Anxiety • Biploar • Depression • Phobias • PTSD • Self-harm 	Priory Wellbeing Centre Birmingham
Fay (Foteini) Gkontosidou Person Centred Counsellor	Bachelor of Science in Psychology (BSc) degree Master of Arts in Counselling Psychology (MA) postgraduate degree Registered member of the British Association of Counselling and Psychotherapy (BACP Registered)	<ul style="list-style-type: none"> • Eating Disorders • Mental Health Treatment 	Priory Wellbeing Centre Birmingham

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Name	Qualifications	Specialities	Outpatient clinics
Jenna Hayes-Allen Cognitive Behavioural & EMDR Therapist	Bachelor of Science (BSc) (Hons) in Psychology, Master of Research (MRes) in Psychology, Post-Graduate Certificate (PGCert) in Psychological Therapies, Post-Graduate Diploma (PGDip) in Advanced Practice in CBT, EMDR Training with EMDR Extra	<ul style="list-style-type: none"> • Adult mental health 	Priory Wellbeing Centre Birmingham
Kiranjit Janagal CBT Therapist - Adolescent and Adults (Aged 16+)	BSc (Hons) in Psychology PgDip in Cognitive Behaviour Therapy Acceptance Commitment Therapy (ACT)	<ul style="list-style-type: none"> • Anxiety disorders • Depression • Low self-esteem • Panic disorder with and without agoraphobia • Panic attacks • Stress 	Priory Wellbeing Centre Birmingham
Kamaldip Kahlwan Senior Clinical Psychologist	Bsc Honours degree in Psychology with Biology, Doctorate in Clinical Psychology	<ul style="list-style-type: none"> • Adult mental health 	Priory Wellbeing Centre Birmingham
Sarah Kennefick Counsellor/Psychotherapist	FD Integrative Counselling Level 5, NCFE Counselling Levels, EFTMRA Diploma, Somatic Experiencing (Cert), Accredited Member (BACP)	<ul style="list-style-type: none"> • Adult mental health 	Priory Wellbeing Centre Birmingham
Liz Knight CBT Therapist - Adult 	BSc (Hons) Psychology MSc Forensic Psychology Postgraduate Diploma in CBT	<ul style="list-style-type: none"> • Adult mental health 	Priory Wellbeing Centre Birmingham

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Claire Fudge Dietitian	Bachelor of Science with Hons (King's College, London) Post-Graduate Certificate (Coventry University) Advanced Diploma Personal Training Level 3 (Lifetime Fitness) Member of the British Dietetic Association Sports and Exercise Nutrition Registered (SENr) Registered with Health and Care Professions Council (HCPC) Level 1 ISAK Anthropometry - (Kinanthropometry)	<ul style="list-style-type: none"> • Dietetics 	Priory Wellbeing Centre Birmingham
Steve Roberts Lead ATP Therapist	MA counselling studies Cert FE in CBT	<ul style="list-style-type: none"> • Addictive disorders • Anxiety • Borderline personality disorder • Depression • OCD 	Priory Wellbeing Centre Birmingham
Natalie Smith Counsellor	BSc Psychology, MSc Counselling Psychology, EMDR (all 3 levels completed)	<ul style="list-style-type: none"> • Adult mental health 	Priory Wellbeing Centre Birmingham
Nikki Smith Person Centred Psychotherapist	Bachelor of Arts (Hons) in Counselling and Psychotherapy, Warwick University	<ul style="list-style-type: none"> • Addiction Treatment • Eating Disorders • Mental Health Treatment • Young People's Services 	Priory Wellbeing Centre Birmingham
Dr Ruth Stevens Clinical Psychologist - Adolescent and Adults (Aged 12+)		<ul style="list-style-type: none"> • CAMHS clinical psychologist 	Priory Wellbeing Centre Birmingham

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Beth Tudgay Psychotherapist	MSc Counselling and Psychotherapy, Graduate Diploma with Commendation in Psychology, Psychology and Criminology BA (Hons)	<ul style="list-style-type: none"> • Anger management • Anxiety • Autism • Bereavement • Depression • OCD • Personality disorders • Phobias • PTSD • Self-harm 	Priory Wellbeing Centre Birmingham
Salyann White Counsellor/Therapist	ABC level 4 Therapeutic Counselling, NCFE Level 1,2,3, Counselling skills, JH Child protection, Level 3, Safe Guarding Children Level 3 (Priory training), Cahms Working with Children (Priory training), Registered Member of the BACP (British Association for Counselling and Psychotherapy)	<ul style="list-style-type: none"> • Adult mental health 	Priory Wellbeing Centre Birmingham
Kate Yale Cognitive Behavioural Therapist	Postgraduate Diploma in Psychology, Postgraduate Diploma in Cognitive Behavioural Therapy, Diploma in Mental Health Nursing, Level 2 Supervision, MANTRA training, Cognitive Behavioural Therapy for Eating Disorders	<ul style="list-style-type: none"> • Adult mental health 	Priory Wellbeing Centre Birmingham

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