



# Priory Wellbeing Centre Bristol

**Priory Wellbeing Centre Bristol offers exceptional outpatient therapy and treatment for a wide range of mental health conditions.**

Our flexible outpatient appointments are designed to fit around work and other commitments, meaning that individuals are able to access expert treatment at a time that suits them.

## Location and environment

**We are conveniently located in the Aztec West Business Park in north Bristol, just off the M4 and M5 motorways, allowing for easy access to Bristol city centre and Bristol Parkway train stations.**

We also benefit from close clinical links with Priory Hospital Bristol, meaning that we are able to facilitate a smooth transition to comprehensive inpatient care, if it is deemed that more intensive or specialist support is required.

## Treatment overview

Priory Wellbeing Centre Bristol offers accessibly-priced outpatient services, to give individuals the help and support they need for a wide range of mental health difficulties, including:

- + Depression
- + Anxiety
- + Stress
- + Addictions
- + Obsessive compulsive disorder (OCD)
- + Post-traumatic stress disorder (PTSD)
- + Autistic spectrum disorders (ASD)
- + Bereavement and grief counselling
- + Personality disorders
- + Sleep disorders
- + Attachment issues
- + Gender diversity
- + Postnatal depression



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Our specialist team will be able to provide a wide variety of therapies, individually targeted to the patient's needs. We will be offering a fantastic service.

**CENTRE  
MANAGER**

## Service overview

Outpatient appointments with consultant psychiatrists as well as one-to-one therapy care will include evidence-based treatment methods such as:

- + Cognitive behavioural therapy (CBT)
- + Neural linguistic programming
- + Mindfulness
- + Interpersonal therapy
- + Compassion focused therapy (CFT)

## Appointments

Our flexible outpatient appointments, available Monday to Friday, 8.00am – 5.00pm, mean that individuals are able to schedule convenient appointments to fit in with existing commitments.



## Enquiries and further information

For further information or to make a referral into Priory Wellbeing Centre Bristol, please contact our dedicated 24/7 enquiry team:

**Telephone: 0117 203 4007**

**Email: [Bristolwellbeingcentre@priorygroup.com](mailto:Bristolwellbeingcentre@priorygroup.com)**

**Visit: [priorygroup.com/bristolwellbeing](https://www.priorygroup.com/bristolwellbeing)**

Opening hours: Monday to Friday, 8.00am – 5.00pm

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Priory Wellbeing Centre Bristol brings increased therapy opportunities to the region and is in a prime location for patients of all walks of life to access.

## Specialist team

An individual's mental wellbeing is in safe hands at Priory Wellbeing Centre Bristol, and our flexible and dedicated team of therapists, psychologists and psychiatrists are leaders in this field.

Our specialists pride themselves on placing patients at the heart of the treatment journey. This approach ensures that individuals are allocated to the best expert for their needs and benefit from a truly bespoke treatment programme.

## Funding

Priory offers personalised and accessibly-priced treatment packages for individuals who are looking to self-pay for treatment. While we would prefer to receive a GP referral when a patient enters our services, this isn't always essential. We are also an approved provider for all of the UK's leading private medical insurers. If you have private medical insurance, a GP referral may be required by your insurer before treatment can commence. Please liaise directly with your insurer to confirm.

**PRIORY**  
WELLBEING CENTRE  
BRISTOL