Service overview

- A safe environment where one of our team’s main aims is to build a rapport with each young person and to support them through treatment and recovery
- Programmes specifically tailored for young people experiencing mental health issues
- A specially developed programme delivered by our multidisciplinary team and headed up by experienced consultants
- We are able to offer 24-hour medical and nursing care
- Young people accessing our service will have their admission funded by their families or through their private medical insurance
- Our service works closely with Priory private outpatient services at Roehampton, Priory Wellbeing Centres at Fenchurch and Harley Streets, as well as our centre in Dubai

Treatment programme

- Our programme offers a full 7-day activity timetable which can include school, stress management, dialectical and cognitive behavioural therapy, coping skills development, physical health as well as family therapy
- Outcome measurement tools such as Health of the Nation Outcome Scales for Children and Adolescents (HoNOSCA) will be used

*www.mentalhealth.org.uk.
Young people are provided access to a number of activities including:

- Pets as therapy (PAT)
- Art therapy
- Gym
- Yoga
- Relaxation
- Visiting workshops which focus on topics including music, debating and astronomy
- Outreach activities including theatre trips and visits to local parks

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Education programme

As well as the intensive therapeutic element of treatment, our young people are also provided with on-site school facilities, delivered by specialist and understanding teachers, to ensure ongoing access to education and build their confidence within small supported groups.

- Our school is OFSTED accredited
- Each young person receives bespoke 1-2-1 tutoring
- Personal development sessions which may focus on career advice, or social and emotional skills, are incorporated into schooling through group sessions

Specialist team

The team at Roehampton are experienced and highly specialised at delivering Child and Adolescent Mental Health Services (CAMHS). Roehampton has supported the NHS to deliver these services for a number of years, achieving a 'good' rating from the Care Quality Commission (CQC).

Our highly experienced child and adolescent psychiatrists include:

- Dr Hamilton McBrien
- Dr Paul Bester
- Dr Philippa Hugo

Funding

Priory offers personalised treatment packages for individuals who are looking to self-pay for treatment.

We are also an approved provider for all of the UK’s leading private medical insurers. If you have private medical insurance, a GP referral may be required by your insurer before treatment can commence. Please liaise directly with your insurer to confirm.

Contact us

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