



10% of children and
20% of adolescents
experience mental
health difficulties*

Priory Hospital Roehampton

Young People's Services

Richmond Court, Priory Hospital Roehampton's new 6-bedded inpatient service has been developed to specifically meet the needs of young people aged 12 - 17 years. Our aim is to empower young people to understand and manage their mental health needs during this important and transitional phase of their lives.

Situated within the affluent borough of Richmond, in South West London, Roehampton is Priory's first hospital site and maintains its position as one of the UK's leading centres for the treatment of mental health conditions.

Service overview

- + A safe environment where one of our team's main aims is to build a rapport with each young person and to support them through treatment and recovery
- + Programmes specifically tailored for young people experiencing mental health issues
- + A specially developed programme delivered by our multidisciplinary team and headed up by experienced consultants
- + We are able to offer 24-hour medical and nursing care
- + Young people accessing our service will have their admission funded by their families or through their private medical insurance
- + Our service works closely with Priory private outpatient services at Roehampton, Priory Wellbeing Centres at Fenchurch and Harley Streets, as well as our centre in Dubai

Treatment programme

- + Our programme offers a full 7-day activity timetable which can include school, stress management, dialectical and cognitive behavioural therapy, coping skills development, physical health as well as family therapy
- + Outcome measurement tools such as Health of the Nation Outcome Scales for Children and Adolescents (HoNOSCA) will be used





Patient profile

- + Young people aged 12-17 years
- + Referrals are accepted nationally, we are also able to facilitate international referrals if required
- + Patients may be informal or formally admitted under the Mental Health Act
- + Young people may present with mental health difficulties including:
 - Depression
 - Anxiety disorders
 - School phobia
 - Obsessive compulsive disorder (OCD)
 - Post-traumatic stress disorder (PTSD)
 - Psychosis
 - Deliberate self-harm
 - ASD and ADHD, only with co-occurring mental health issue
 - Emotional difficulties relating to family life
 - Sequelae of bullying

Please note, our service won't be suitable for young people with moderate to severe learning disabilities, aggression, disruptive behaviour, conduct disorder, substance abuse, or eating disorders who require naso-gastric feeding.

Activities

Young people are provided access to a number of activities including:

- + Pets as therapy (PAT)
- + Art therapy
- + Gym
- + Yoga
- + Relaxation
- + Visiting workshops which focus on topics including music, debating and astronomy
- + Outreach activities including theatre trips and visits to local parks

Education programme

As well as the intensive therapeutic element of treatment, our young people are also provided with on-site school facilities, delivered by specialist and understanding teachers, to ensure ongoing access to education and build their confidence within small supported groups.

- + Our school is OFSTED accredited
- + Each young person receives bespoke 1-2-1 tutoring
- + Personal development sessions which may focus on career advice, or social and emotional skills, are incorporated into schooling through group sessions

Specialist team

The team at Roehampton are experienced and highly specialised at delivering Child and Adolescent Mental Health Services (CAMHS). Roehampton has supported the NHS to deliver these services for a number of years, achieving a 'good' rating from the Care Quality Commission (CQC).

Our highly experienced child and adolescent psychiatrists include:

- + Dr Hamilton McBrien
- + Dr Paul Bester
- + Dr Philippa Hugo

Funding

Priory offers personalised treatment packages for individuals who are looking to self-pay for treatment.

We are also an approved provider for all of the UK's leading private medical insurers. If you have private medical insurance, a GP referral may be required by your insurer before treatment can commence. Please liaise directly with your insurer to confirm.

Contact us

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