



Priory Hospital Arnold

**Acute and psychiatric
intensive care services**



Service overview

Priory Hospital Arnold, near Nottingham, provides acute and psychiatric intensive care services to those in need across Nottinghamshire. We work closely with referring Trusts to achieve minimum lengths of stay, and are able to provide an extension to NHS care pathways during times of fluctuating demand.

The service offers a multidisciplinary team approach, working collaboratively to support patients through periods of crisis. We work closely with patients to promote wellbeing and recovery to ensure the patient remains central to their care. We also work with patients and their families to assess and identify health, social and support needs.

We have an overarching philosophy of care that is based on Positive Behaviour Support (PBS) to promote wellbeing and recovery.

- + **Newstead** - 16-bed mixed gender acute service
- + **Bestwood** - 16-bed mixed gender acute service
- + **Rufford** - 10-bed female psychiatric intensive care service
- + **Clumber** - 10-bed male psychiatric intensive care service



Acute Service

The acute service comprises of two adult mixed-gender wards, Newstead and Bestwood, providing a comfortable and calm atmosphere that promotes recovery and wellbeing. Patients receiving acute treatment may be either admitted informally or if necessary, detained under the Mental Health Act.

We continually liaise with local NHS services to ensure that there is the effective transition of care on discharge or transfer.

The services would be suitable for:

- + Men or women aged 18 years or over experiencing an acute episode or are in crisis
- + Informal or detained under the Mental Health Act 1983
- + Rapid assessment and admission, 24 hours per day, 7 days per week
- + Those who fail to engage with local mental health teams and require a period of stabilisation
- + Individuals who require further assessment or treatment
- + People who may present risks to themselves or others
- + Patients may be admitted from A&E, psychiatric intensive care units (PICUs), community services and other mental health settings
- + People who have a primary diagnosis of mental illness, there may also be co-morbid mental disorders such as substance misuse

Our team

Our multidisciplinary team consists of:

- + Psychiatrists
- + Nursing Team
- + Psychologists
- + Occupational Therapists
- + Social Workers
- + Wellbeing Activity Workers

Psychiatric Intensive Care Unit – (PICU)

Our psychiatric intensive care services support patients in a severe phase of illness, who cannot be managed in an acute service, and offers a therapeutic and supportive environment to promote recovery.

Rufford and Clumber wards supports patients who require a more secure and structured environment to manage their mental health needs and associated risks. Lengths of stay vary, and are dependent upon individual need and response to treatment. The focus is to move patients to a less restrictive environment once mental state and behaviour has stabilised.

The services would be suitable for:

- + Women and men aged 18 years or over in need of psychiatric intensive care who are detained under the Mental Health Act 1983
- + Individuals with a wide range of mental health conditions in need of rapid assessment and admission, 24 hours per day, 7 days per week
- + Individuals at risk of violence and aggression, and who's behaviour may be unpredictable
- + Those who present significant and continued risk to themselves or others, and who have a high absconson risk in non-secure acute settings
- + Patients may be admitted from A&E, acute services, other PICUs, police custody, community services and the community

Find out more

For more information or to discuss how we can help, please contact our admissions department by:

Telephone: 0115 966 1500

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