



Priory Hospital Romiley

Providing a stepping stone to independence



Bev* has had many admissions into inpatient mental health services since 2003. She has a treatment resistant illness and has been re-admitted or experienced placement breakdown, due to the worsening of her presentation, non-compliance with her medications, issues with drug and alcohol misuse, and being a risk to others and herself.

It was important that Bev could receive continued rehabilitation and recovery closer to family and her hometown, so she was stepped-down from a low secure service to our service three years ago. When Bev arrived at Romiley she presented with sexual disinhibition at regular intervals, demonstrated poor insight into the inappropriateness of her behaviour, and was prone to making allegations against male staff. She also displayed over familiarity with strangers, which made her vulnerable. Bev is detained under Section 3 of the Mental Health Act.

She struggled to be able to regulate her emotions and required intense support from the team to be able to manage this. Immediately it was clear that Bev benefitted from our very supportive, stable, structured, protective and therapeutic environment.

Bev works closely with the occupational therapy team in order to be able to achieve her goals in the areas of self-care, productivity and leisure. She is encouraged to devise her personal weekly rehabilitation planner. This incorporates unit-based group activities, community group trips, weekly community meeting, her two voluntary jobs, socialising with friends, going to the gym/leisure centre, attending church services, cooking and baking sessions, attendance of recovery college courses and visiting with family.

Three years on, Bev is so proud of all that she has achieved and is continuing to achieve. Our team work with her at her pace in order to support her transition back into community living. She now has un-escorted leave, has a concessionary bus pass and has learnt how to use the local bus service independently in order to get where she needs. She is also being supported to access the train network in order to be able access home leave with her family in a more independent way.

She is now working towards her imminent discharge and is looking forward to living in supported accommodation near to her family once again.

*Patient's name has been changed to protect their identity. Priory Group UK 1 Limited, 80 Hammersmith Road, London, W14 8UD. Company Registration Number: 09057543