

# Suicide Prevention Strategy overview



## Summary

Priory's Suicide Prevention Strategy is based around our Priory Values – striving for excellence, being positive, putting people first, acting with integrity and being supportive.



## The aims of this strategy

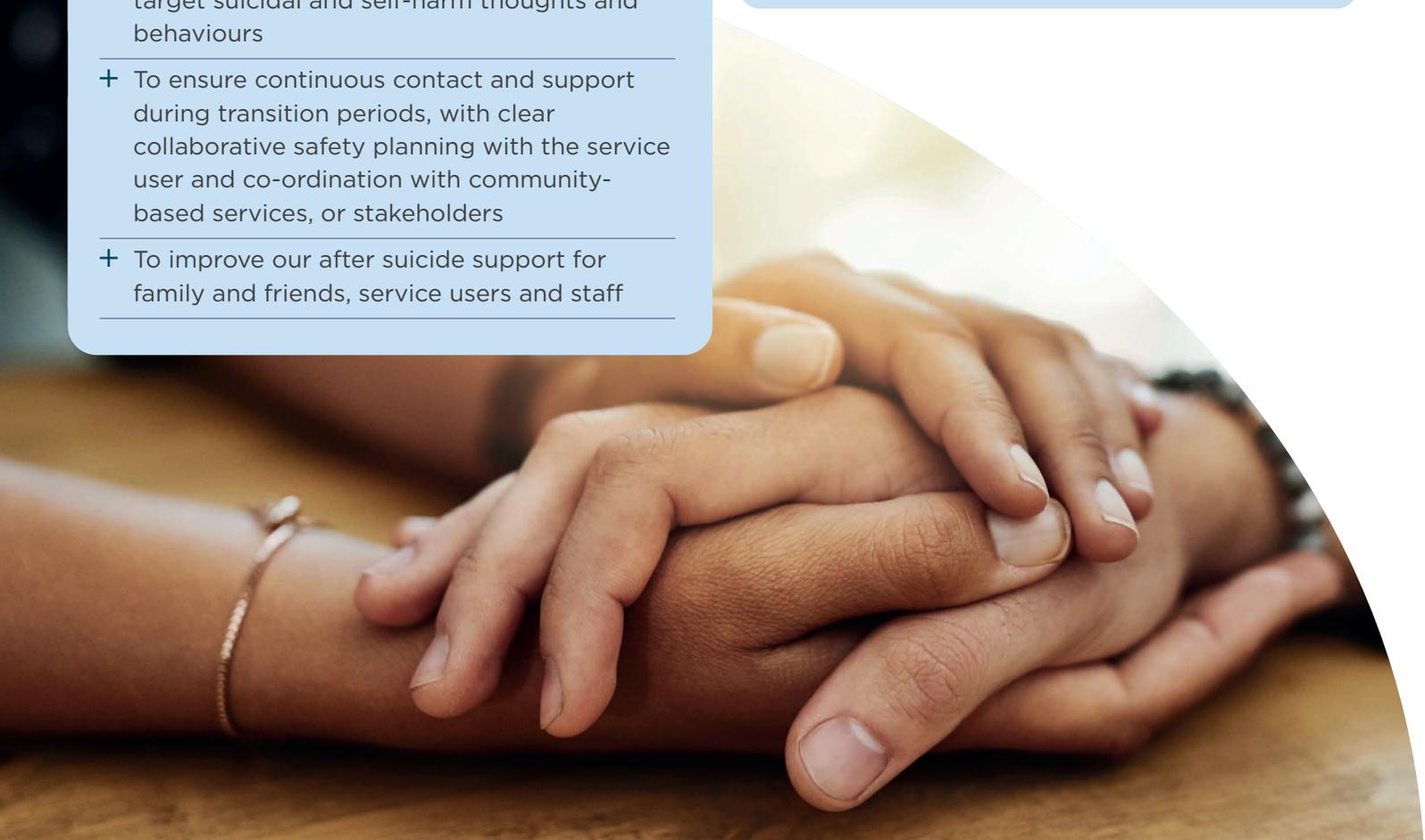
- + To ensure we set up an organisational framework to collect, interpret and apply data on self-harm and suicide, to drive quality improvement across Priory
- + To create a leadership driven, safety-orientated culture, committed to reducing suicide amongst people under our care
- + To identify training needs to develop a competent, confident and caring workforce
- + To systematically identify and assess suicide risk in our service user population
- + To ensure every service user has a pathway of care that is both timely and adequate to meet their needs
- + To introduce and establish collaborative safety planning
- + Making use of effective evidence-based treatments or interventions that directly target suicidal and self-harm thoughts and behaviours
- + To ensure continuous contact and support during transition periods, with clear collaborative safety planning with the service user and co-ordination with community-based services, or stakeholders
- + To improve our after suicide support for family and friends, service users and staff

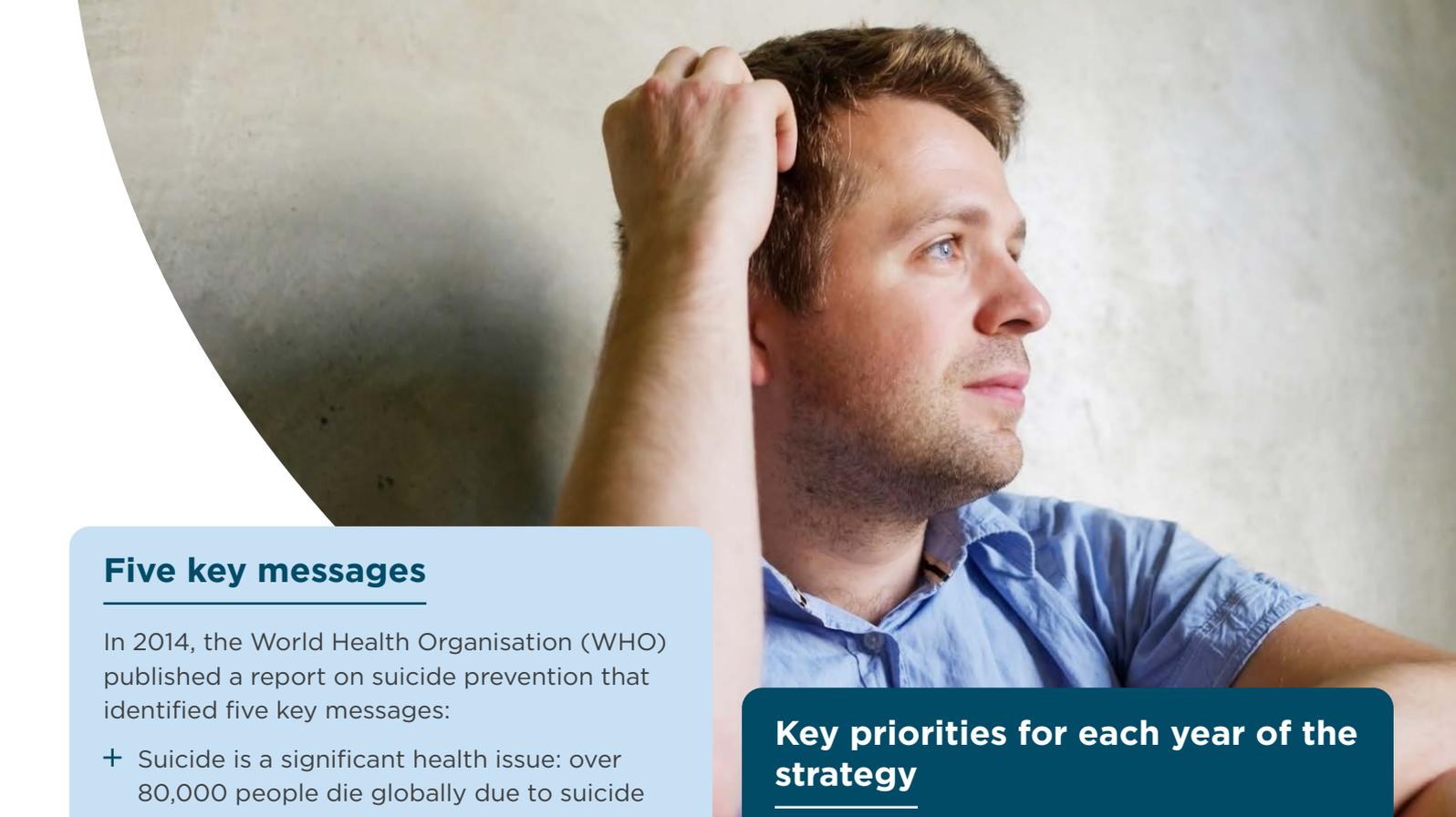
## Enabling the strategy

A Self-Harm and Suicide Steering Group will centrally co-ordinate the implementation of the strategy for Priory, linking into the service networks and also the Serious and Untoward Incidence Committee, to ensure all relevant cases within Priory are reviewed for dissemination of lessons learned, across networks.

Each service network, directed by the Clinical Director and Professional Lead, will have responsibility for implementing this strategy at a local level with the Medical Directors, Hospital Directors, and Directors of Clinical Services, taking a key leadership role at a site level.

The Professional Development and Service Improvement Committee will monitor the implementation of this strategy. Specific audits will be agreed by the committee.





## Five key messages

In 2014, the World Health Organisation (WHO) published a report on suicide prevention that identified five key messages:

- + Suicide is a significant health issue: over 80,000 people die globally due to suicide every year
- + Suicide is preventable
- + Restricting access to the means for suicide works
- + Healthcare should incorporate suicide prevention as a core component
- + Communities play a critical role in suicide prevention

## Key priorities for each year of the strategy

### Year 1 (2020)

- + Establish organisational structure with opportunities for cross divisional support
- + Implement collaborative safety planning for all service users with risk of self-harm or suicide
- + Ensure continuous contact and support during transitional periods

### Year 2 (2021)

- + Complete survey on families, staff and service users affected by suicide
- + Review and implement training packages tailored for different service user groups and staff to directly target suicide and self-harm
- + Develop training to improve staff understanding and interactions with self-harming and suicidal service users

### Year 3 (2022)

- + Implement improvements to after suicide support for those affected by suicide
- + Audit and ensure consistency of safety care planning, risk assessment and transitional period support across the service networks
- + Each service network to set its own top 3 goals to reduce suicide and self-harm in its service user group





## Priory's specialist care

Priory currently treats more than 70 different conditions through a nationwide network of over 300 facilities that support service user health, care, education and specialised needs.

We have over 8,500 inpatient beds or placements across more than 300 services, supporting the needs of some of the most vulnerable people in the UK.

Working in partnership with service users and their families, Priory specialises in:

- + Addictions treatment and rehabilitation
- + Treatment for acute mental health
- + Child and adolescent mental health (CAMHS) low secure services
- + CAMHS eating disorder services
- + Psychiatric intensive care units (PICU)
- + High dependency units (HDU)
- + Brain injuries
- + Vulnerable young people, or those displaying challenging behaviours
- + Learning disabilities

We are the leading independent provider of NHS CAMHS Tier 4 (206 beds across 10 hospitals) and eating disorders services (132 beds across eight sites) under national frameworks led by NHS England and NHS Wales.



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