



Priory Hospital Marlow

Eating disorder services

Priory Hospital Marlow is a 14-bedded, specialist eating disorder service for male and female adults, aged 18 years and older, and is commissioned by NHS England. We treat patients with anorexia nervosa, bulimia nervosa, and other atypical eating disorders.

Our compassionate and highly skilled team provides holistic, person centred, individually tailored and evidence-based treatment in a supportive and safe environment, specifically for those struggling with their eating disorder.



Service overview

The service follows a structured yet flexible programme that we tailor to patients' needs, in order to support their treatment journey.

Patients will also have an individual therapist throughout treatment who will help to explore difficulties and individual needs in a one-to-one setting. We offer:

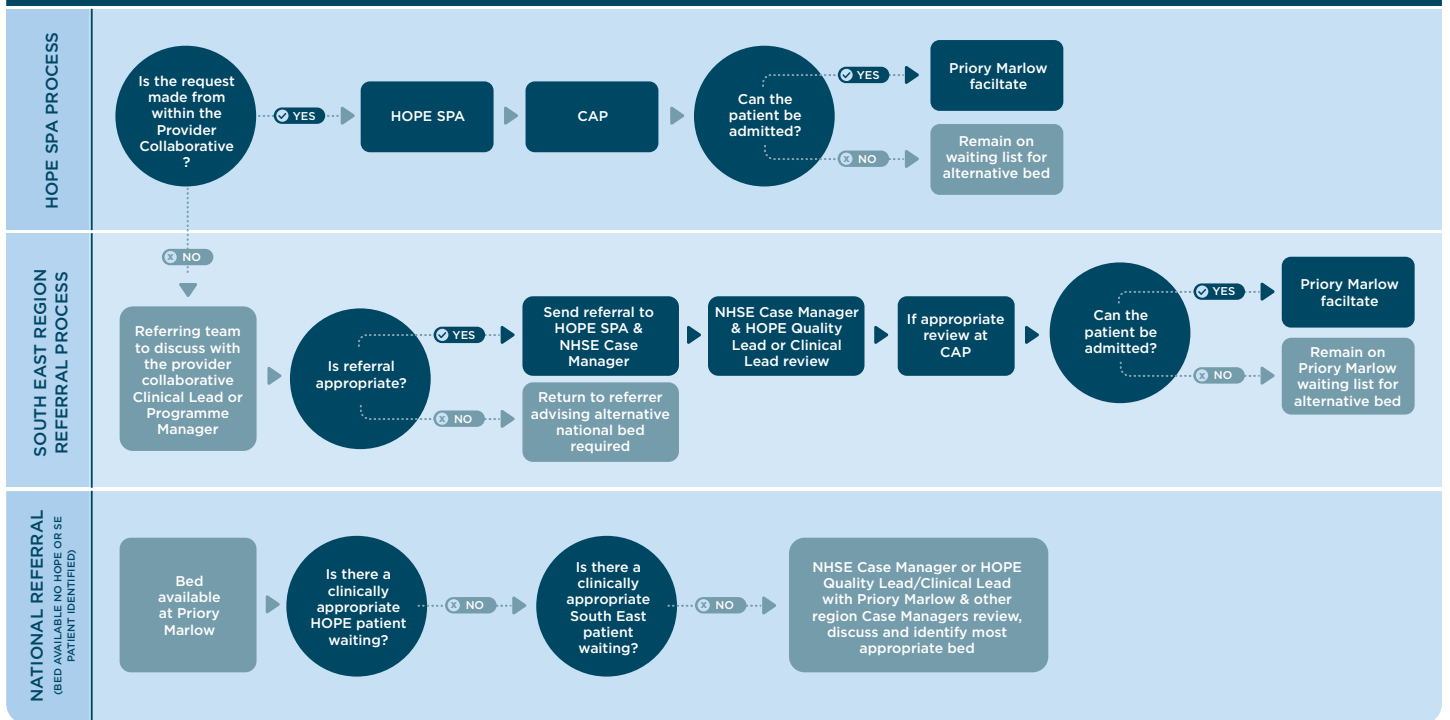
- + Cognitive behavioural therapy (CBT)
- + Maudsley Model of Anorexia Nervosa Treatment for Adults (MANTRA)
- + Enhanced cognitive behavioural therapy for eating disorders (CBT-E)
- + Compassion focused therapy (CFT)
- + Acceptance and commitment therapy (ACT)
- + Dialectical behaviour therapy (DBT)
- + Informed schema-focused therapy

Patient involvement

The philosophy of the service is one of collaboration and a person-centred approach. We work to create this atmosphere by listening to patients' needs and adopting a flexible and patient focused approach, involving both group and individual therapy.

We believe this sets up an environment of safety, which allows trust to develop so that patients can explore their feelings fully, knowing that they will be empathetically received. Transparency with patients, family and carers is a key value of the hospital.

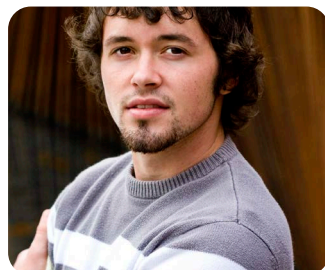
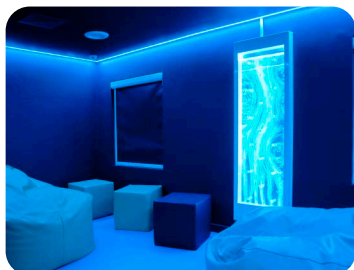
NHS HOPE Network Provider Collaborative Referral gateway process



Our team

We have a highly skilled clinical team led by a consultant psychiatrist. We provide specialised treatment and support and we all work together to share information, so that we can deliver care most effectively. The team consists of:

- + Registered mental health nurses
- + Healthcare assistants
- + Consultant psychiatrist
- + Specialty doctor
- + Dietitian
- + Social worker
- + Occupational therapist
- + Senior clinical psychologist
- + 24/7 medical cover on-site
- + Specialist chef



Referrals and further information

All referrals for Priory Hospital Marlow are to be sent via the NHS HOPE Network Provider Collaborative to hopespa@oxfordhealth.nhs.uk and will follow their gateway process.

Find out more information about this service:

Telephone: 0808 291 2162

Email: info@priorygroup.com

Web: www.priorygroup.com/nhs/locations/priory-hospital-marlow

309 Cressex Road, High Wycombe, HP12 4QF

