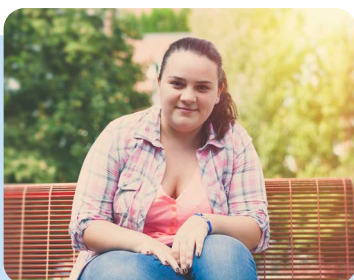




# Priory Hospital East Midlands

## Female acute services

Priory Hospital East Midlands acute mental health service is suitable for females over the age of 18. Our 9-bedded service offers personalised treatment programmes to treat a broad range of mental health conditions, such as depression, anxiety, stress, post-traumatic stress disorder (PTSD), schizophrenia and personality disorders.



### Service overview

- + Led by a specialist team of nurses, clinical psychologists, occupational therapists and consultant psychiatrists
- + We work with a recovery focus from point of admission
- + We provide the therapeutic techniques and coping strategies that are most appropriate, for a wide range of mental health conditions
- + Our service aims to achieve minimum lengths of stay by providing an extension to NHS care pathways during times of fluctuating demand
- + Our team works closely with referring Trusts and we work collaboratively with discharge teams, to ensure a smooth transition back into existing community services
- + Our main aim is to help individuals return home where possible



## Admission criteria

Referrals to the female unit must meet the following criteria:

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- + Primary mental health diagnosis - presenting with acute psychosis and/or severe mood disorder and often self-harming behaviour
- + Informal or detained under the Mental Health Act
- + Risk to self or others
- + Mental state that requires further assessment or treatment
- + Females over the age of 18
- + Presenting significant and continued risk to themselves or to others, both on the ward and in the community and who are likely to abscond
- + Admitted from A&E, psychiatric intensive care units (PICUs), community services and other mental health settings



## Find out more

To make a referral please call **0800 090 1356**. For further information you can also contact the hospital directly on **01623 727 900** or email **[prioryenquiries@nhs.net](mailto:prioryenquiries@nhs.net)**

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