

Priory Clinic Manchester

Priory Clinic Manchester offers exceptional outpatient therapy and treatment for a wide range of mental health conditions.

Our flexible outpatient appointments are designed to fit around work and other commitments, meaning that individuals are able to access expert treatment at a time that suits them.

Location and environment

Set within a peaceful, yet convenient location within the beautiful grounds of Priory Hospital Cheadle Royal, the clinic offers on-site parking and is easily accessible from major transport routes, as well as Manchester city centre.

The centre also benefits from a close working partnership with Priory Hospital Altrincham, ensuring that we can provide seamless access to more specialist or intensive mental health services, if required.



Treatment overview

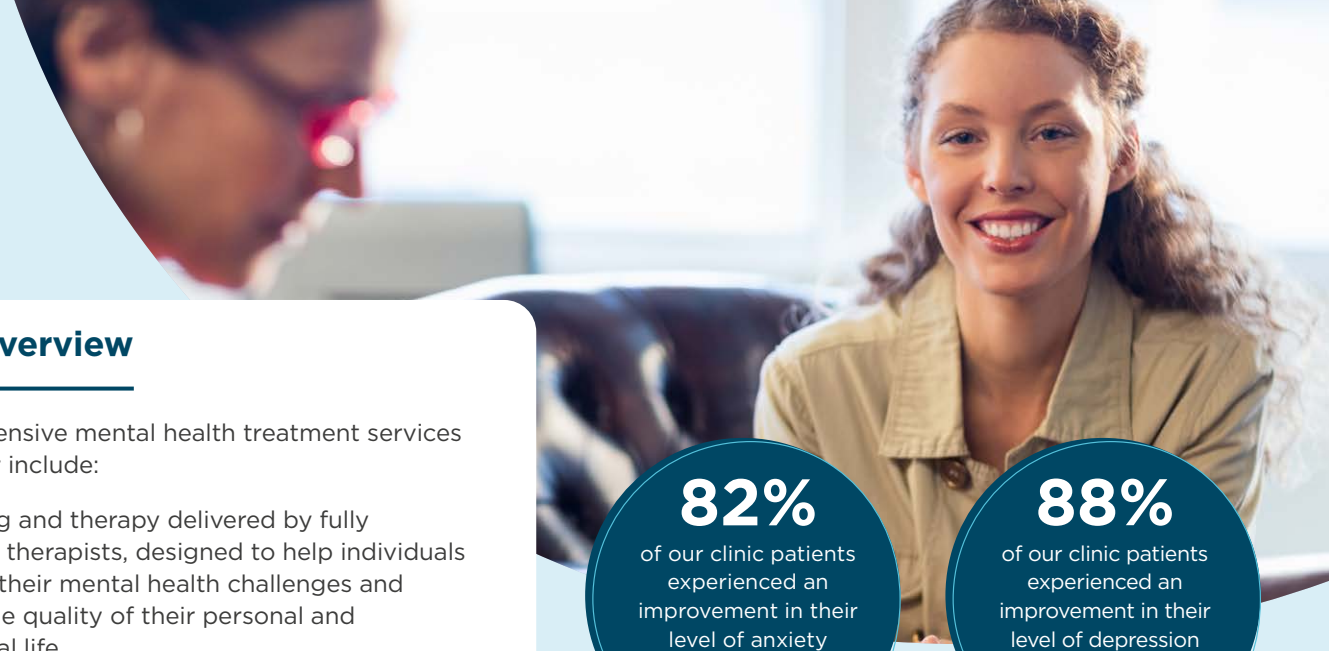
Our therapeutic offerings at Priory Clinic Manchester include one-to-one or group-based therapy that individuals are able to attend on a session-by-session basis. Our specialist team has a wealth of experience in delivering a broad range of therapies, which are selected and tailored according to unique requirements, in order to foster the most positive outcomes for you.

Priory Clinic Manchester offers accessibly-priced outpatient services, to give individuals the help and support needed for a wide range of mental health difficulties, including:

- Depression
- Anxiety, including health anxiety
- Stress
- Obsessive compulsive disorder (OCD)
- Post-traumatic stress disorder (PTSD), including trauma relating to abuse
- Bereavement and grief counselling
- Postnatal depression
- Anger management issues
- Sleep disorders
- Medically unexplained symptoms (MUS)

Specialist services

We are also able to offer young people's services at Manchester, for individuals under the age of 18 who require support for their mental health challenges.



Service overview

Our comprehensive mental health treatment services in Manchester include:

+ Counselling and therapy delivered by fully accredited therapists, designed to help individuals overcome their mental health challenges and improve the quality of their personal and professional life
+ Treatment packages that are individually tailored according to unique needs and requirements in order to produce positive outcomes

82%
of our clinic patients experienced an improvement in their level of anxiety
(with a statistically reliable average change score of 6.0) – GAD7

88%
of our clinic patients experienced an improvement in their level of depression
(with a statistically reliable average change score of 7.7) – PHQ9

Appointments

Our flexible outpatient appointments are available 8am to 5pm on Monday, Friday and Saturday, and 8am to 8pm on Tuedsay, Wednesday and Thursday. This means that individuals are able to schedule convenient appointments to fit in with existing commitments.



Specialist team

The highly qualified team at Priory Clinic Manchester consists of leading psychiatrists, psychologists and therapists, who bring a diverse skill set and an extensive knowledge base to our services. Our team are committed to delivering tried and tested outpatient treatment to each individual who seeks support with us, equipping them with the skills to manage and overcome their mental health struggles and return to a positive way of life.

Funding

Priory offers personalised and accessibly-priced treatment packages for individuals who are looking to self-pay for treatment. While we would prefer to receive a GP referral when a patient enters our services, this isn't always essential. We are also an approved provider for all of the UK's leading private medical insurers. If you have private medical insurance, a GP referral may be required by your insurer before treatment can commence. Please liaise directly with your insurer to confirm.

Enquiries and further information

To find out further information or to make a referral into Priory Clinic Manchester, please contact our dedicated 24/7 enquiry team:

Telephone: 0161 495 2080
Email: manchesterwellbeing@priorygroup.com
Visit: www.priorygroup.com/manchesterwellbeing

For the most up to date information on our services, please visit our website.

Priory Private Healthcare