



Jason's* story

Brynawel

Jason* has spent the past 25 years in a nursing home due to mental ill health. Having gone into remission, he arrived at Brynawel in need of therapeutic support, treatment and rehabilitation.

Brynawel is a community care home that prides itself on caring for individuals with complex needs and supporting them in stepping down from hospital based care to living in the community. A big part of this is facilitating therapeutic activities and trips to promote independence. Jason shares his experience of this opposite:

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In 2018, I was able to go on my first holiday since 1976 with the Brynawel team. When the home manager asked me if I would like to go, I was thrilled to bits.

We went to Tenby and it was an absolutely fantastic and amazing trip. The experience was out of this world and we had lots of tasty food, with adventures every day.

Every morning I got spruced up and enjoyed a cup of tea in our luxurious caravan. Days were filled with rambles to a private beach, having lunch in nice pubs, going on a boat trip to a nearby island and having BBQs. I was able to play on my guitar and sing songs with the team and other residents and I bought souvenirs from local shops.

All in all, the whole experience was amazing; the weather was sunny every day and I had a brilliant time. I would like to thank the team for this privilege and thank you to Priory for employing a wonderful bunch of people who gave me the best holiday of my life. ”

