



Carina's story

Grafton Manor case study

Carina came to Grafton Manor after sustaining an acquired brain injury (ABI). Since then, she has focused on developing her independence at the home.



Support at Grafton Manor

When Carina first came to live at Grafton Manor, she was assigned dedicated keyworkers, and individually tailored care plans were created in line with her specific needs. This includes a positive behaviour support (PBS) plan, developed by our in-house practitioner. In addition, she immediately began to receive one-to-one support from her core team and from multidisciplinary professionals.

Carina's support team understood that she would benefit from a lot of emotional and psychological support. This was mostly focused around enabling Carina to understand and come to terms with the fact that she no longer lives with her daughter, an issue which would often cause her distress.

In addition, it was recognised that Carina wished to build up her independent living skills, so she could work towards moving into her own accommodation in the future. The care she has received at Grafton Manor has been focused around supporting her to achieve this goal, with a strong emphasis placed on practicing her daily living skills.



Carina's positive outcomes

Since living at Grafton Manor, Carina has made huge strides in many important areas. Her ability to regulate her emotions and cope with difficult situations has improved greatly. With support, she has come to accept the situation with her daughter, and is now able to regularly visit and spend time with her.

After consistent input from the service's PBS practitioner, Carina is supported with entirely non-restrictive interventions, and is far more responsive to verbal prompts than she was previously. She has also developed positive relationships with her staff team and the other people that live at Grafton Manor, even taking on the role of helping new residents to settle in.

Carina is also making great strides towards building up her daily living skills, and now shops for her food and manages her washing independently. This progress has been inspiring for her, and has helped her gain her confidence. With her independence greatly enhanced, Carina has now stepped down to one of the bedsits at the service, bringing her closer to her ultimate goal of living in the community with her daughter.



Contact us today

To make a referral, call **0808 208 2147**

For any further enquiries, call the site on **01908 543 131**

Email us at **adultcare@priorygroup.com**

Visit our website at **www.priorygroup.com**

Grafton Manor, Grafton Regis, Northampton, Northamptonshire,
NN12 7SS