Priory Private Healthcare

# Priory Clinic Harley Street

## Specialist assessments, personalised mental health support, therapy and psychiatry

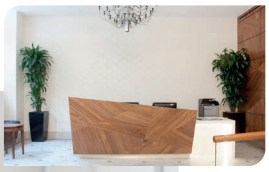
**Priory Clinic Harley Street, in the heart of London's prestigious medical district, offers outstanding mental health support in a purpose designed environment.**

This allows us to offer our patients fast access to the best possible treatment experience from leading experts in their field.

## Location and environment

**Located near Oxford Street and Regent Street, Priory Clinic Harley Street provides a friendly, welcoming and modern environment whilst offering complete discretion and confidentiality.**

We have close links and clinical support from Priory Hospitals North London, Roehampton, Woking, Chelmsford and Hayes Grove, should additional or more intensive support be required.



## Specialist mental health support

Our team of psychiatrists, psychologists, therapists and other healthcare professionals have expertise in treating a wide variety of mental health conditions, including:

- Depression
- Stress
- Anxiety
- Addictions
- Eating disorders
- Obsessive compulsive disorder (OCD)
- Children and young peoples mental health (age 6+)

## Treatments

Treatment is tailored to the specific needs of the individual, ensuring the best possible outcomes, and includes:

- Individual or group therapy, accessed on a session-by-session basis
- Outpatient service for children from 12 years old, including psychometric testing
- Attention deficit hyperactivity disorder (ADHD) and Autism assessments

We are able to offer best-practice treatment including:

- Eye movement desensitisation and reprocessing (EMDR)
- Occupational psychology coaching
- Cognitive behavioural therapy (CBT)
- Acceptance and commitment therapy (ACT)
- Mindfulness based therapy (MBT)
- Compassion focused therapy (CFT)
- Repetitive transcranial magnetic stimulation (rTMS)

Live your life

**100%** of patients were satisfied with the overall quality of care received

**100%** of patients would recommend us to a friend

**97%** of patients undergoing therapy saw a reduction in their levels of anxiety

**97%** of patients undergoing therapy saw a reduction in their levels of depression

## Service overview

- Provides services for both adults and young people
- People looking for convenient and flexible outpatient appointments
- Patients that want to avoid a hospital environment and access treatment in the prestigious Harley Street medical area
- Those looking for treatment packages that offer certainty of price for a fixed number of 1:1 therapy sessions, including discounted rates

## rTMS service

Our repetitive transcranial magnetic stimulation (rTMS) service offers a safe and non-invasive treatment for depression and OCD, using magnetic fields to stimulate areas of the brain. The treatment has been found to positively induce changes in a patient's mood. It can particularly benefit those who wish to avoid drug-based treatment or who have not responded to medication.

## Interpersonal therapy

Harley Street's interpersonal therapy group aims to support individuals in developing a healthy sense of identity, by growing their self-awareness in a group setting. By seeing oneself from the outside in, attendees will learn to recognise when insecure attachments and maladaptive behaviours are triggered.

Individuals are encouraged to share their thoughts, fears and insecurities to help them appreciate that they can be vulnerable in front of others. They will learn to recognise unhelpful thought patterns, check their reality with others and learn how others experience them.

## Specialist team

The specialist team at Harley Street includes renowned and published experts in their field.

- **Dr Leon Rozewicz –** adult ADHD, mood disorders, PTSD, rTMS specialist
- **Dr Vik Watts –** addictions
- **Dr Paul McLaren –** addictions
- **Dr Mila Senem Leveson –** consultant general adult psychiatrist and rTMS specialist
- **Dr Nora Turjanski –** consultant liaison psychiatrist

## Funding

Priory offers personalised and accessibly-priced treatment for individuals who are looking to self-pay for treatment. While we would prefer to receive a GP referral when a patient enters our services, this isn't always essential. We are also an approved provider for all of the UK's leading private medical insurers. If you have private medical insurance, a GP referral may be required by your insurer before treatment can commence. Please liaise directly with your insurer to confirm.

## Enquiries and further information

For further information or to make a referral into Priory Clinic Harley Street, please contact our dedicated 24/7 enquiry team:

**Telephone: 0207 079 0555**
**Email: info@priorygroup.com**
**Visit: harleystreet@priorygroup.com**

Opening hours: 7.45am – 8.30pm

For the most up to date information on our services, please visit our website.

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