

Case studies

The flats



Lauren* is 20 years old, and has been diagnosed with a learning disability, personality disorder traits and global development delay, which affects her speech.

Lauren moved to Woodhouse Hall from children's services and found the changes difficult to begin with, struggling with motivation to seek further education. She had previously attended college, however had to leave for personal reasons.

Before coming to Woodhouse Hall, Lauren frequently absconded, and struggled to manage her finances and independence. Over time, the staff team have been consistent with their positive approach, which has boosted Lauren's confidence. Lauren now follows a budget plan (for both leisure activities and educational activities), and enjoys independence days out with her boyfriend.

Lauren's previous behaviours, such as physical aggression and property damage have reduced significantly, and any sudden changes in mental health are well-managed by the staff team.

Since moving to Woodhouse Hall, Lauren expressed interest in going back to college, but was very nervous about this. Working with the staff team, Lauren has been supported to go to college, and attend each class, which has promoted life skills and positive encouragement to help her feel at ease with the course.

Lauren has now completed a People Matters qualification, which aims to teach individuals how to progress into further education, by showing them how to complete forms, CVs, and basic computer skills. She has also started a college course and is doing really well. Lauren hopes to do other courses in the future.



Before moving to Woodhouse Hall, Holly faced risk of exploitation from unsafe relationships, uncertainty of moving in with other adults, and frequently absconded. She frequently presented with behaviours of concern, which often resulted in police involvement and relationship breakdowns. Due to this, Holly's placements also frequently broke down.

Holly has lived at Woodhouse Hall for nearly 2 years, and is her longest residing placement. When moving to Woodhouse Hall, the staff team worked positively and with great effort and determination, in conjunction with adult services, to reduce behaviours and work on building her life skills, and positive, safe relationships.

Since moving to Woodhouse Hall, all behaviours have reduced in frequency, and some behaviours, such as arson, have stopped completely.

Holly's presentation has changed dramatically since living at Woodhouse Hall. Holly's mental health remains stable and she appears happy with herself and her life. Her life skills, relationship skills, and general quality of life remain stable and positive, and this is due to the hard work from that staff team at Woodhouse Hall.

Holly now attends college and likes to spend time with her family, or doing activities with the staff team. Holly is still happy at Woodhouse Hall and really enjoys living here.



Contact us today

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