



Sarah's* story

Beechley Drive

When Sarah* came to Beechley Drive she was very unsettled and this would cause her to present with behaviours of concern. Sarah has a learning disability as well as mental health conditions which makes her presentation complex, often with treatment resistant behaviours. She came from a secure unit that was unable to continue treating her.



How Beechley Drive supported Sarah

With the support of our MDT and support staff, coupled with the implementation of structure and routines, Sarah began to live a good quality life.

Our main focus was to develop a personalised treatment programme for Sarah as everyone's care pathway is different. Sarah was very much a part of her recovery-focused care and could make decisions about her treatment. This allowed her to feel more trusted and independent and in turn, allowed us to gradually reduce her challenging behaviours. We also helped Sarah with her daily living skills and she enjoyed learning to cook.

As a team we actively maintained working relationships with her case managers and community teams, as our main goal is always to lead patients like Sarah back to community living.

Sarah's external care team stated it was the most settled they had ever seen her and her parents have also fed back that since she resided at Beechley Drive, they feel the most reassured and supported than they have in a long time.