



## Priory Nelson House

# Michael's story

**Michael\* was admitted to Priory Nelson House after being transferred from an acute psychiatric ward at another hospital.**

Michael's condition proved difficult to manage at his previous psychiatric hospital (where he was an inpatient for approximately 2 years) and he had made little progress. Upon transfer to Nelson House, Michael presented with severely disturbed behaviour, needing intensive specialist input.

Within 7 months at Nelson House, Michael was well enough to return to the community and is currently living in his local area.

### History of behaviour

Michael had a history of:

- + Self-neglect
- + Antisocial behaviour
- + Aggression
- + Criminal damage
- + Fire-setting
- + Threatening to kill others

He had disengaged from his community psychiatric team and from treatment, on several occasions in the past. His ability to function in the community had deteriorated markedly. The severity of Michael's illness-related behaviour resulted in the breakdown of some of his relationships. He had engaged in several episodes of antisocial behaviour requiring police intervention.

### Treatment at Nelson House

Following admission to Nelson House, Michael was comprehensively assessed by the multidisciplinary team. Michael's diagnosis, treatment and needs were reviewed and independently formulated, while acknowledging his previous documented history.

We subsequently changed Michael's previous diagnosis and commenced appropriate evidence-based treatments focused on our findings. This resulted in a significant improvement in behaviour and core symptom resolution within 3 months.

### Outcomes

Michael was able to reflect on his past, illness-related behaviour and demonstrated an understanding of the rehabilitation work done at Nelson House - especially the importance of keeping safe in the community and reasons to continue his medication. Towards discharge, we also helped Michael to rekindle severed relationships.

Michael's local team care co-ordinator provided positive feedback to the Nelson House team, noting the significant improvement in Michael's mental health and the speed at which stability was achieved.

### Contact us

To contact Priory's central team, please call **0800 090 1356** or to speak to someone at the hospital directly, please call **02392 513 882**.

Alternatively, you can email our secure enquiries inbox on **prioryenquiries@nhs.net**

For the most up to date information on our services, please visit our website.