



““”

Moving to Bishops Way was the best thing that ever happened to my daughter.

A parent's story

Bishops Way case study

“For many years we had struggled to deal with our daughter's Prader-Willi syndrome (PWS), which involved mood swings, outbursts and continued food-seeking. Each day was a battle, from attending family events to just going shopping. We would have to plan everything to ensure that behaviours were kept to a minimum.

As my daughter got older, the food-seeking became worse and her weight spiralled out of control. We tried to put in measures at home, including structured meal times, no snacks and even locking the kitchen door and cupboards. However, this was to no avail, as she would break the locks to gain access to food. People don't understand how heart-breaking it is to have your child screaming at you that they are hungry every waking hour of the day.

As a mother, I thought I was failing as all I wanted to do was make things better for her and I didn't know which way to turn. Then, I heard about a service called Bishops Way, which offers specialist residential care for people with PWS. I contacted them for advice and was invited to come and have a look around. I was so impressed listening to the staff and meeting the other people living at the home. They were doing daily activities, attending gym sessions, work placements, the list went on. The meal times were structured, they had a menu to choose from, and the food was delicious.

The staff at Bishops Way invited me back for a visit and to bring my daughter so that she could also meet the other residents. A few weeks later, we returned for a visit and my daughter was so impressed that it was by the coast and just a few minutes' walk from the sea. We

stayed for lunch and had a chat with the other residents, who showed her around and told her about what they did during the week. My daughter was so happy and said, “Mum, could I come and live here?”

Two months later, we were packing my daughter's things ready for her to move to Bishops Way. I must say that this was the best thing that ever happened to my daughter and within weeks of moving in, she started to lose weight. Our relationship changed and we became closer than ever before. I looked forward to her coming home for visits and us attending family events. We still have to be mindful around food, but when I say, ‘I think you have had enough’, she accepts that. I am delighted that my daughter is now at a normal healthy weight and has a new lease of life. For that, I am forever thankful.”

Contact us today

If you would like to make a referral, call us on **0808 208 2147**.

If you have a specific enquiry for the site, call the local number on **01424 720 320**.

Alternatively, send an email to **adultcare@priorygroup.com**

or visit our website at **www.priorygroup.com**

Bishops Way, 36 St Peters Road, St Leonards-on-Sea, East Sussex, TN37 6JQ