



Priory Hospital Ticehurst House

Private outpatient services at the Lodge Therapy Centre

Within the established, tranquil grounds of the respected Priory Hospital Ticehurst House, the Lodge Therapy Centre offers a welcoming sanctuary where you can receive the highest quality treatment and a broad range of therapeutic approaches. Treatment at the Lodge Therapy Centre is available to outpatients seeking specialist privately-funded mental health support.

We have the expertise to help both adults and young people to enhance their recovery and develop emotional resilience. The Lodge Therapy Centre offers an extension to the safe, tailored and reputable care promised within a Priory pathway.



Private mental health services

We have a range of self-funding options available and we are also an approved provider for all major UK private medical insurers.

Since every person is unique, we aim to deliver an evidence-based outpatient treatment programme, designed and tailored to meet your particular needs.

We also offer a residential programme at Priory Hospital Ticehurst House, which focuses on assessing and treating a broad range of psychological and mental health conditions. These include more serious cases of conditions such as depression, stress and anxiety, which may need intensive psychiatric support.

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I have been seeing Dr Anne Perry for a few years now. She is a large part of the reason I am still here today; she has talked me through a lot of angst and helped me more than I thought possible. I am proud of how far I have come, and although I know I have a way to go in believing in myself, Dr Perry has given me the confidence to carry on.

PATIENT, PRIORY HOSPITAL TICEHURST HOUSE

Live your life

What do we treat?

We work with the country's leading consultant psychiatrists, clinical psychologists and therapists, who cover every aspect of psychiatry, including:

- + Addictions
- + Anxiety and stress
- + Bereavement
- + Depression
- + Eating disorders
- + Obsessive compulsive disorder (OCD)
- + Panic attacks
- + Personality disorders
- + Phobias
- + Psychosis, paranoia and schizophrenia
- + Sleep disorders
- + Trauma, including post-traumatic stress disorder (PTSD)

Our service at a glance

Priory Hospital Ticehurst House provides personalised and innovative therapy treatment programmes for a wide range of mental health conditions including dual diagnosis.

We also offer:

- + Direct access into therapy
- + Highly skilled consultant psychiatrists and therapists
- + A day care programme which includes sessions exploring coping skills, cognitive behavioural therapy (CBT) for anxiety and depression and recovery and resilience

Individual therapy and group treatment programmes that are available include:

- + CBT
- + Eye movement desensitisation and reprocessing (EMDR)
- + Person-centred therapy (PCT)
- + Dialectical behaviour therapy (DBT)
- + Psychoeducation
- + Psychotherapy
- + Couples therapy
- + Systemic and family psychotherapy

Funding

Priory offers personalised and accessibly-priced treatment packages for individuals who are looking to self-pay for treatment.

We are also an approved provider for all of the UK's leading private medical insurers. While we would prefer to receive a GP referral when a patient enters our services, this isn't always essential. For those using private medical insurance, your provider may require you to have one before treatment can commence. Please liaise directly with your insurer to confirm.

“
Staff are amazing
and very helpful;
everyone is so lovely
and welcoming.”

PATIENT,
TICEHURST HOUSE



Contact us

If you would like more information on our private outpatient service, you can contact the hospital directly:

Telephone: 01580 200 391

Email: Ticehurst@priorygroup.com

Visit: www.priorygroup.com/ticehurst

Alternatively, if you would like to make a referral, please email gp@priorygroup.com

For the most up to date information on our services, please visit our website.

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HEALTHCARE