



“”
My stay at Priory was the catalyst for a major life change for me
 PEER SUPPORTER AND FORMER PATIENT

Priory Hospital Glasgow

We are one of the UK’s leading centres for the treatment of depression, anxiety and addictions. The hospital is led by an effective and experienced multidisciplinary team who work together to develop recovery-focused treatment programmes and care pathways, as well as a range of therapies, to meet all patients’ needs.

Location and environment

Located in Glasgow’s leafy Southside, Priory Hospital Glasgow is set within a striking Georgian villa. We offer support for a wide range of mental health difficulties such as depression, anxiety and behavioural and substance addictions. We provide:

- + A relaxing atmosphere with a boutique hotel appeal
- + Beautifully landscaped gardens and access to the greenhouse
- + Close proximity to Queens Park with bedded gardens and a boating lake
- + An award winning restaurant with high quality menus
- + Easy access from local train stations, motorways (M8, M77) and Glasgow and Prestwick airports

Treatments

- + We offer support across all areas of general psychiatry, delivered by a large number of therapy specialists
- + We provide an evidence-based addiction treatment programme that is tailored to individual needs, all structured within National Institute for Health and Care Excellence (NICE) guidelines
- + Renowned addiction treatment programme led by an inspirational team
- + Free initial addiction assessment available
- + Specialist therapies, including cognitive behavioural therapy (CBT), eye movement desensitisation and reprocessing (EMDR) and mindfulness
- + Group therapy programme
- + Medical interventions



Patient profile

- + Our multi-skilled team treats patients with complex disorders including trauma, post-traumatic stress disorder (PTSD), and those who might not have responded to previous treatments
- + We are also able to treat patients with co-morbid diagnoses, for example, those with addiction issues alongside stress, depression and anxiety

Patient and family support

- + Weekly therapist-led family support group for addictions
- + Family therapy offered on a needs basis for our general psychiatry programme
- + Day care programme for addictions and general psychiatric conditions such as anxiety, depression and stress
- + Access to an on-site GP 24-hours a day
- + One year of weekly aftercare for addiction patients post-discharge
- + Access to Alcoholics Anonymous (AA) groups

Wellbeing

- + Yoga and Tai Chi classes
- + Relaxation group
- + Trips and activities organised by specialist activities teams
- + Art therapy
- + Movie nights
- + Walks in the landscaped gardens



97%

of patients from the Glasgow addiction treatment programme stated that they would recommend us to a friend

80%

of patients at Glasgow experienced an improvement in their level of anxiety
(with a statistically reliable average change score of 5.6) - GAD7

99%

of patients from the Glasgow addiction treatment programme stated that they were treated with respect and dignity during their stay

83%

of patients at Glasgow experienced an improvement in their level of depression
(with a statistically reliable average change score of 6.2) - PHQ9

Specialist team

The specialist team at Priory Hospital Glasgow includes renowned and published experts in their field:

- + Dr Charles McMahon - addictions
- + Dr Anupam Agnihotri - addictions
- + Dr Aman Durrani - general psychiatry
- + Dr Fiona Morrison - addictions and general psychiatry
- + Dr Yameen Qureshi - general psychiatry
- + Dr Fahd Cheema - general psychiatry
- + Dr Philippa Aveyard - addictions and general psychiatry
- + Dr Rajeev Krishnadas - general psychiatry
- + Dr Sarah Holmes - general psychiatry
- + Professor Anthony Pelosi - eating disorders
- + Dr Waleed Ahmed - eating disorders
- + Dr Vijay Arulnathan - eating disorders

Funding

Priory offers personalised and accessibly-priced treatment packages for individuals who are looking to self-pay for treatment. While we would prefer to receive a GP referral when a patient enters our services, this isn't always essential. We are also an approved provider for all of the UK's leading private medical insurers. If you have private medical insurance, a GP referral may be required by your insurer before treatment can commence. Please liaise directly with your insurer to confirm.

Enquiries and further information

To find out further information or to make a referral into Priory Hospital Glasgow, please contact our dedicated 24/7 enquiry team:

Telephone: 0141 636 6116

Email: glasgow@priorygroup.com

Visit: www.priorygroup.com/Glasgow

For the most up to date information on our services, please visit our website.

PRIORY PRIVATE
HEALTHCARE